

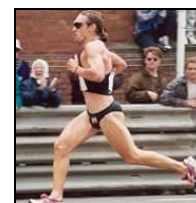
SPORTS SCIENCE BOOT CAMP

Booking Form

Students will be given the opportunity to interact with leading Australian sports scientists in an elite athlete testing center to learn the latest information on fitness testing, training and recovery.

Students will be involved in a range of activities including:

Lecture	Introduction to fitness testing & sports science careers
Laboratory Testing	Measuring body composition & aerobic power (VO _{2max} test)
Interactive Workshop	Analyse your sprint technique using instant video feedback
Interactive Workshop	Design your own strength program using the latest software
Field Testing	The AFL Draft Camp- Compare yourself to an AFL recruit
Interactive Workshop	Design your own recovery & event nutrition strategy



Who We Are

Exercise Research Australia (ERA) is a nationally recognised athlete testing facility and services a number of Australian and International sporting groups including:

- Victorian Institute of Sport (VIS)
- AFL Clubs & The AFL Draft Camp
- AIS AFL Academy
- Cricket Australia & Cricket Victoria
- Football Federation Victoria

Booking Details

Duration: 9 am – 3:30 pm
Location: ERA
Cost: \$85.00 per student (incl. GST)
Payment: Cheque/ Direct Debit

ERA Booking Form

Please complete the form below with your booking requirements and return to ERA via post, fax, or email with payment.

School Name: _____ **Student Name:** _____

Contact Email: _____ **Mobile No.:** _____

Emergency Contact: _____ **Emergency Contact No.:** _____

Session	Date	Select 'x'	Cost
Boot Camp 1	29/06/10		
Boot Camp 2	23/09/10		
		Total Cost	\$

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 E education@exerciseresearch.com.au

BSB: 083-004 (NAB) A/C No.: 555 530 128

Direct Debit: Payable to Exercise Research Australia

Note: Please ensure you include your name if payment is made via direct debit.

TERMS AND CONDITIONS *Please acknowledge acceptance of the following Terms and Conditions **prior** to returning your registration.

I _____ (Name) understand and accept the following terms and conditions: Cancellation within 2 weeks of the camp will result in 50% of the booking fee being forfeited.

Signed by: _____ Date: _____

Office Use: Confirmation Sent: Y Date: _____ Staff ID: _____ Invoice No.: _____
 Stadium Booked: Y / N Date: _____ Staff ID: _____